

Vaginal home pap smear

You may have a sexually transmitted disease (STD). Your doctor has asked you to do a vaginal home pap smear for testing in the ZekerWeten microbiological laboratory. In this leaflet, you can read about the best way to do this and where you can hand in your testing material.

zekerweten

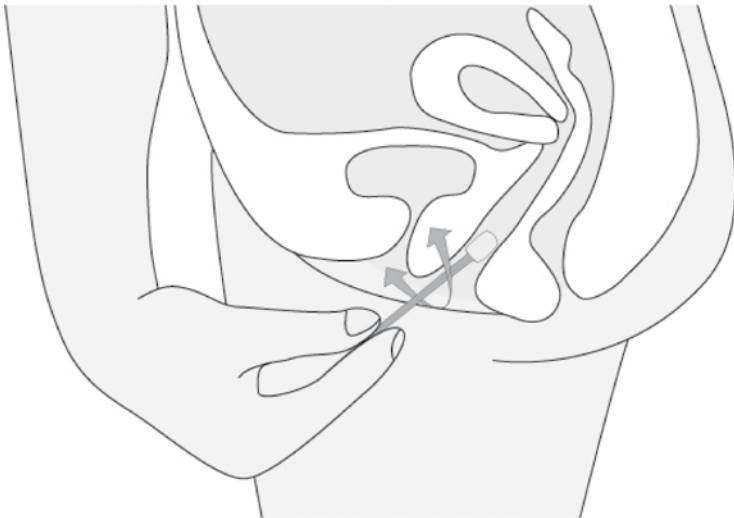
diagnostiek@rijnstate

What do you need?

A mailing case which includes a tube with cotton stick with your name and date of birth. You have received this from your doctor.

What do you have to do?

- Open the package and lay the opened tube ready for use (you can carefully lay it flat without the liquid running out);
- Making a vaginal smear with the sterile cotton stick:
 - Bring the sterile cotton stick around 5 cm into the vagina.
 - Rotate the stick between your fingertips for 10-15 seconds. (Be careful! The cotton stick has a breaking point, do not use force or bend the stick);
- Put the cotton stick into the tube and break it off at the breaking point;
- Screw the cap onto the tube.



How do you package the tube?

- Put the absorptive sheet into the hard plastic packaging and place the tube in it;
- Fold the absorptive sheet closed and close the hard plastic packaging;
- Put the hard plastic packaging in the plastic bag;
- Then remove the adhesive strip and seal the bag;
- Put the bag with the application form in the shipping pouch and zip the pouch closed.

Make sure the address of the laboratory is clearly visible.

How it is to be delivered or sent

You can bring the tube with the completed application form to the following ZekerWeten locations:

- Rijnstate Arnhem, route 42, laboratory counter, ground floor.
- Rijnstate Zevenaar, at the reception desk.
- Rijnstate Velp, 6th floor, counter at the Medical Microbiological and Immunological Laboratory.
- Rijnstate Arnhem South, Route 17, desk at the laboratory 1st floor.
- To one of the injection substations in the region (see www.zekerweten.nl).
- If your doctor is visited by a Rijnstate messenger, it can also be deposited in the mailing case at your family doctor's practice. Your doctor will let you know about this.

You can also send the tube with the cotton stick via regular mail using the mailing case. Please follow the instructions for packaging testing material. However, we prefer that you drop off the tube with the cotton stick in person.

Results

After diagnostic testing, your doctor will receive the results. This is usually known within a few days. Sometimes it is even known the next day. Arrange with your doctor when you can call about this.

Questions

If, after reading this leaflet, you still have questions, please contact ZekerWeten, Medical Microbiological and Immunological Laboratory, phone 088 - 005 5455.

Welcome to ZekerWeten

Sometimes a doctor feels that it is necessary, in the interest of your health, to have further diagnostic testing done. Diagnostic testing can often provide more certainty and/or exclude certain diseases. Examples of diagnostic testing are blood tests, x-rays, tissue testing (such as with a birthmark that has been removed) or an ECG.

You can choose where and by whom you want to have the diagnostic testing done. If you choose ZekerWeten, you are opting for speed and convenience but, above all, for the best diagnostic expertise. Because we are affiliated with Rijnstate, you benefit immediately from the expertise of medical specialists at the hospital. Moreover, you can therefore rely on the use of the best equipment and measuring instruments.

ZekerWeten

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